



#10 Alexander Place, PO Box 10116
Grand Cayman, KY1-1001, Cayman Islands

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Information for Parents and Guardians about your child's Sedation:

- a) Midazolam (Versed) is given orally mixed with a flavoring agent, such as Tylenol. No fluid is permitted to drink following taking this mixture as may dilute effectiveness.
- b) Please arrive 30 minutes prior to the appointment time.
- c) Meals: The patient can have a light meal up to four hours prior to appointment. For example toast and clear juice – **NOT GRAPEFRUIT JUICE.**
*We suggest appointments be first thing in the morning with no breakfast.
- d) Please let the dentist know if any other medication has been given.
- e) Midazolam has the following effects on children:
 - i. Drowsiness – this will last from 2 – 4 hours after the appointment. Please watch your child because his/her stability will not be normal for this period of time.
 - ii. Amnesic effect – most children will forget about the dental procedures due to the medication. This also means anything you verbalize to your child may be forgotten quickly. For example, you may instruct your child to stay seated in chair but they may get up shortly after. **Constant supervision is a must.**
 - iii. Vomiting – this *may* occur although rare; it usually occurs 1 – 2 hours after dental appointment
 - iv. Some parents report that their children have daydreams during the appointment.
 - v. A very small number of children get overexcited during the procedure, usually after a period of drowsiness. Belligerent behavior has been noted but rare.
- f) Midazolam suppresses the respiratory system slightly, therefore it is extremely important that the child's head be kept straight up while driven home and if laid down to rest at home, lay the child on their side with their chin up. We advise 2 adults accompany child to appointment so the child can be monitored and assisted during the drive home.
- g) Please leave all electronics at home as child should not have any such stimulation while the sedative is taking effect. Child is to sit quietly with parent – a book could be read to child but no movies, phones, iPads, games etc.



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Important:

The sedative does not guarantee that treatment can be carried out – if child is uncooperative, we will discontinue treatment and recommend treatment be done under general anesthesia either on island in hospital or off island with a specialist.

There is a fee for the sedative once it is administered regardless of whether we are able to complete treatment or not.

Child should not be left unattended at any time following drug administration for up to 12 hours and should not be involved in any activities that involve alertness and coordination until fully recovered.

Parents are best NOT to be in the treatment room as the dentist needs the child's full attention. Parents are welcome to watch from outside the door but must not interfere with treatment verbally once the doctor has begun. Doctor may ask parent to return to waiting area if parent is causing distraction of any sort.

I have read and understand the background information above and instructions given. I have had the opportunity to ask the dentist questions regarding any aspect of this treatment/procedure which I do not understand. I accept and understand these pre-operative instructions.

Patients Name _____ Date _____

Parent/Guardian Name _____ Signature _____